

# NORDIC SKIERCROSS

## 2007 / 2008 RULES

National competition devised and organised jointly by the National Union of French Ski Instructors (**SNMSF**), the French Ski Federation (**FFS**) and Nordique France (**NF**) with the Ecoles du Ski Français (**ESF**), the Federation clubs and the managers of nordic skiing sites.

### OBJECTIVES

- ❖ To promote and revitalise the discipline of nordic skiing
- ❖ To draw attention to a competition suitable for children
- ❖ To offer children a new opportunity of competing at national level
- ❖ To enable the participants to assess themselves on a skiing course associated with technical skills.

### PRINCIPLE OF THE EVENT

This is an "open" race open to children who are both members and non-members of the Federation. Registration is free.

#### ① Two qualifying channels

- **a) regional qualifying competitions** organised by the ESF schools (Régional Nordic Skiercross)
- **b) selections made by ESF schools** through the nordicross tests, for school groups in year "CM 2" only going through to the national final.

**A competitor cannot qualify through both channels**

② - **A national final** involves all qualifiers from channels a and b (National Nordic Skiercross **NNSC**).

**CHANNEL a: ESF OPEN regional qualifiers**

### NATURE OF THE EVENT

- ❖ The race takes place on a downhill course prepared for nordic skiing
- ❖ The course is short (1'30 to 1'40)
- ❖ Each competition is made up of a classification race and final stage for each category
- ❖ It is a knockout event
- ❖ Competitors must use cross-country skiing equipment that complies with FFS regulations

### CATEGORIES

The event is open to:

- ❖ Children in the benjamin category (girls and boys) born in 1997 - 1996
- ❖ Children in the minime category (girls and boys) born in 1995 - 1994

### REGISTRATION

- ❖ Entry forms can be sent to the ESF school organising the event until the day before the event. They must provide the following information:  
Last name, first name, date of birth, sex and full postal address, plus membership number and club name if the entrant is a member of an FFS-affiliated club.  
Promotional documentation including an entry form is available from ESF schools.

## NORDIC-STYLE COURSE

The course must generally run downhill but must be designed in such a way that it remains within the spirit of nordic skiing.

The course profile must be varied and able to bring out a maximum number of different techniques.

It must be 600 to 700 m long and completed in a fastest time of 1' 30" +/- 10 seconds.

- ❖ Most of the course must be visible from the finish.
- ❖ The course, start and finish must together make up a relatively compact area.
- ❖ The piste must be as wide as possible (minimum 5 m). At the finish, the piste must be very wide (at least 8 m, depending on local constraints) and must form a straight line at least 50 metres long.
- ❖ Course equipment must be provided over the entire course.
- ❖ Uphill sections must not exceed 15% to 20% of the total distance and must be evenly distributed all along the course.
- ❖ The finish and start must be on non-descending sections.

(See appendix 2)

## CERTIFICATION OF THE COURSE

- ❖ The organising ESF school must send a course design proposal to the SNMSF technical committee at least three weeks before the event. This must comprise a presentation document including an accurate plan and the course in profile.

(See appendix 3)

## START LISTS

- The start order for the classification race is determined by a draw for each category in which all competitors are included (the order in which the categories start is decided by the race judging panel).
- The distribution of the competitors into the different heats for the final stage is based on the time recorded in the classification race in the order determined by the table fixed beforehand:

model for 32 qualifiers

1 <sup>st</sup> run	2 <sup>nd</sup> run	3 <sup>rd</sup> run	4 <sup>th</sup> run	5 <sup>th</sup> run	6 <sup>th</sup> run	7 <sup>th</sup> run	8 <sup>th</sup> run
1	8	5	4	3	6	7	2
16	9	12	13	14	11	10	15
24	17	20	29	22	19	18	23
32	25	28	21	30	27	26	31

model for 16 qualifiers

1 <sup>st</sup> run	2 <sup>nd</sup> run	3 <sup>rd</sup> run	4 <sup>th</sup> run
1	4	3	2
8	5	6	7
12	9	10	11
16	13	14	15

- The number of competitors in the final stage is decided by the judging panel on the basis of the number of competitors qualifying in each category.

## THE CLASSIFICATION RACE

- ❖ This involves one completion of the course in the form of one timed run with individual starts.
- ❖ A ranking for each category is drawn up after this classification race.
- ❖ The 8, 16 or 32 best times qualify to take part in the final stage and the final involves 4 or more competitors (depending on the judging panel's decision in view of the number of participants).
- ❖ In the event of a tie (identical times) for the last qualifying place (16th in the case of a final 16; 24 in the case of a final 24, etc.) in which there is no difference between the competitors, the youngest competitor qualifies.

## BASE TIME

A forerunner from the official list of ESF forerunners for nordic events is designated by the organising ESF school.

He/she records a base time to which his/her handicap is applied to obtain the reference time.

The qualification percentage is added to the reference time to determine the qualification limit for each category.



## QUALIFICATION CRITERIA FOR THE NATIONAL FINAL

<b>Minimes:</b>	girls	: forerunner + 40%	<b>Benjamins:</b>	girls	: forerunner + 45%
	boys	: forerunner + 35%		boys	: forerunner + 40%

Depending on the results and race conditions, the technical committee may make changes to the qualification percentages.

**The classification race is the reference used to qualify for the national final.**

Competitors having recorded a time in the classification race that is inside the qualification criterion in their category qualify for the national final regardless of whether they take part in the Régional Nordic Skiercross final stage.

## CONDUCT OF THE FINAL STAGE

- ❖ The races in the final stage consist of one run.
- ❖ Starts are organised in successive "waves" of 4 competitors, or more or fewer depending on the judging panel's decision.
- ❖ The choice of start lane for each run is made by the competitor on the basis of the his/her position in the classification race.
- ❖ The first two competitors to finish the run qualify for the next run and the last two competitors are eliminated.
- ❖ The runs are not timed.
- ❖ The winner of the event is the competitor who finishes first in the final run of the final stage
- ❖ In the heats, the competitors start in successive waves of 4 competitors, with the two competitors to finish first selected for the following round (the other competitors in each heat are eliminated).

## RANKING

- ❖ The place at the finish line is determined by the toe of the skier's first foot to cross the line.
- ❖ Competitor irregularities are at the discretion of the judging panel. They may result in disqualification. Disqualified competitors will not be included in the ranking.

## **CHANNEL b: qualification from ESF schools**

## PARTICIPANTS

- ❖ Selection may be made only from pupils in school year "CM 2" who are taking school skiing lessons with the ESF.
- ❖ One single category, with boys and girls together.

## NATURE OF THE EVENT

- ❖ The ESF nordicross test is the reference for qualification for the national final.
- ❖ Short downhill course prepared for nordic skiing (similar to the course used in channel – a).

## GOING THROUGH TO THE NATIONAL FINAL.

- ❖ The young competitor must have passed at least the bronze nordicross level to be able to take part in the national final.
- ❖ Each ESF school selects one team from each school group. Each team is made up of a maximum of 4 competitors.
- ❖ Each ESF school is responsible for accompanying and supervising its team in the final.

## PROVISION OF CLASSIFICATION INFORMATION

The rankings from the regional qualifying races must be forwarded to the SNMSF technical committee as soon as possible after the event, clearly showing which competitors have qualified.



## **NATIONAL FINAL**

### **REGISTRATION**

- ❖ **Channel a:** following each regional race the qualifiers will be given a certificate of qualification for the final from the organising ESF school. They must send this certificate to the SNMSF technical committee in Meylan before the closing date shown to confirm their participation in the National Nordic Skiercross.

Race insurance may be re required in the case of competitors who are not members of the FFS.

- ❖ **Channel b:** each ESF school must register its team with the SNMSF technical committee in Meylan before the closing date to confirm its participation in the National Nordic Skiercross. The ESF school organising the final must compile the lists of participants 10 days before the date of the event and implement the logistics required to ensure that the final runs smoothly.

### **COMPETITIONS**

- ❖ For each channel a final is organised comprising a classification race and a final stage, with competitors racing in groups of 4.

#### **Channel a :**

- ❖ An individual ranking for boys and girls in each category is drawn up for the participants from the regional qualifiers making up four separate competitions.
- ❖ Foreign competitors reaching the final will join the categories in channel - a - until they reach the final stage should they qualify.
- ❖ A French final can be organised should foreign competitors qualify in the heat for the final. This will involve the last four French competitors on the list in the previous section of the final stage on the basis of their place at the finish in the previous round, with the time recorded in the classification race deciding between any tied competitors.

#### **Channel b:**

- ❖ The ranking is drawn up on the basis of the points scored by the school group team as follows: Points awarded to each competitor in the order in which they finish in the classification race: 1<sup>st</sup> 50 points, 2<sup>nd</sup> 49 points, 3<sup>rd</sup> 48 points, etc., down to 50<sup>th</sup> 1 point, with subsequent competitors receiving 1 point; then in the heats each competitor reaching the next round scores 16 points; those reaching the quarter-final score 19 points; those reaching the semi-final score 23 points and those reaching the final score 30 points.

The ranking is calculated from the sum of the points accumulated in the classification race and the points scored in each round of the final stage list for a maximum of four participants in each team.

### **COMPETITION JUDGING PANEL**

- ❖ The director of the organising ESF school or his/her representative.
- ❖ A representative from the SNMSF Technical Committee
- ❖ A representative from the FFS.

### **AUTHORISATION TO RESTART**

- **In the case of the individual classification race**, any competitor obstructed during the race due to a justifiable cause can request an authorisation to restart. He/she must stop immediately at the nearest course official and report the obstruction.
- **In the final phase**, if all of the competitors are obstructed by a justifiable cause the run can be repeated.
- **In all cases**, the race judging panel will assess the situation and take any necessary decision(s).

### **COMPLAINTS**

- ❖ Classification race: within 15 minutes from the time when the results are displayed.
- ❖ Final stage: to the race director in the finish area after each run.

- ❖ All contentious behaviour will be considered by the competition judging panel, who may disqualify or eject the competitor from the event.